

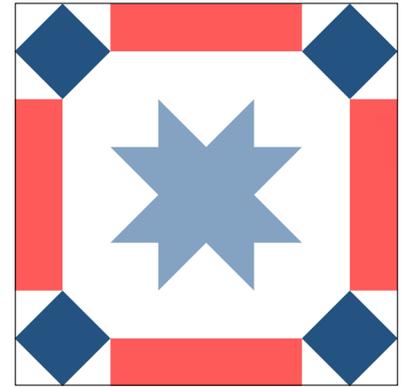
# a Quilting Life

Block of the Month 2026

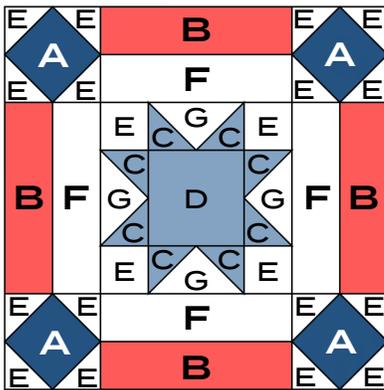
by

Sherri McConnell

February



## Cutting Instructions

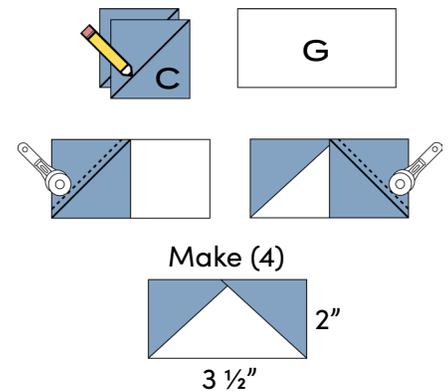


	12" Block (12 1/2" unfinished)
Medium/Dark (A)	(4) 3 1/2" squares
Medium/Dark (B)	(4) 2" x 6 1/2" rectangles
Medium/Dark (C)	(8) 2" squares
Medium/Dark (D)	(1) 3 1/2" square
Light (E)	(20) 2" squares
Light (F)	(4) 2" x 6 1/2" rectangles
Light (G)	(4) 2" x 3 1/2" rectangles

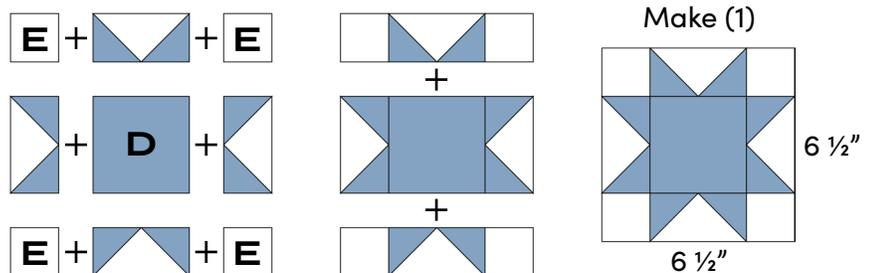
*Designer Note: Follow the block guide shown for fabric placement. Units are labeled A-G.*

## Piecing Instructions

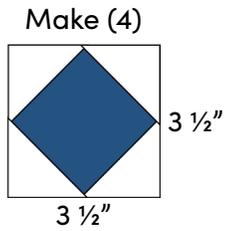
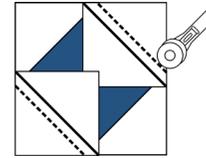
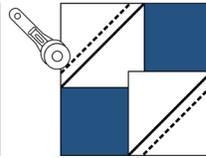
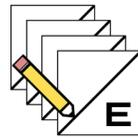
1. Draw a diagonal line on the wrong side of (8) C – squares using an erasable marker or pencil.
2. Place (1) C – square onto the top corner of (4) G – rectangles, right sides together and edges aligned. Note the orientation of the drawn diagonal line on the wrong side of the C – square in the diagram.
3. Sew along the drawn diagonal lines as shown. Trim the excess corner fabric to a 1/4" and press toward the corners.
4. Repeat stitch and flip techniques to attach (1) C – square to the remaining top corner of the same G – rectangles to complete (4) Flying Geese Units.
5. Trim Flying Geese Units to measure 3 1/2" x 2" unfinished.



6. Arrange (4) Flying Geese Units, (1) D – square and (4) E – squares to form (1) Star Unit. Reference the diagram for the rotation of Flying Geese Units.
7. Sew the Star Unit together, pressing seams away from Flying Geese Units. The Star Unit should measure 6 1/2" x 6 1/2" unfinished.

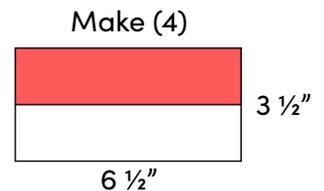
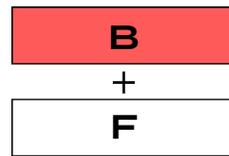


- Draw a diagonal line on the wrong side of (16) E – squares.
- Repeat stitch and flip techniques to attach (1) E – square to each corner of (4) A – squares to complete (4) Square-in-a-Square Units.  
Reference the diagram for the assembly order.



- Trim Square-in-a-Square Units to measure 3 1/2" x 3 1/2" unfinished.

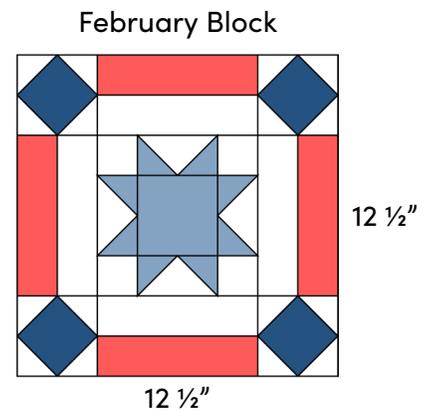
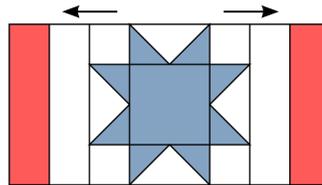
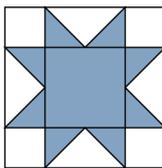
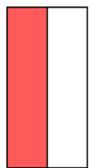
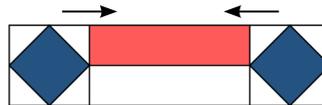
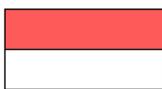
- Sew (1) B – rectangle to (1) F – rectangle lengthwise to make (1) Rectangle Unit. Press seams toward the B – rectangle. The Rectangle Unit should measure 3 1/2" x 6 1/2" unfinished.



- Repeat to make a total of (4) Rectangle Units.

- Arrange the Star Unit, (4) Square-in-a-Square Units and (4) Rectangle Units to form the February Block. Reference the diagram for the rotation of Rectangle Units.

- Sew the February Block together. Press seams toward the Rectangle Units. Once complete, the February Block should measure 12 1/2" x 12 1/2" unfinished.



## Pattern of the Month...

This Valentine's Day, give your heart and a bouquet of flowers with the **I Heart Flowers Quilt Pattern!** In this quilt, sweet hearts are framed by fabric flower petals. Chain Blocks lead your eye around the quilt and offer visual structure to the scrappy flowers. Start your I Heart Flowers Quilt today for a quilty Valentine's Day!

